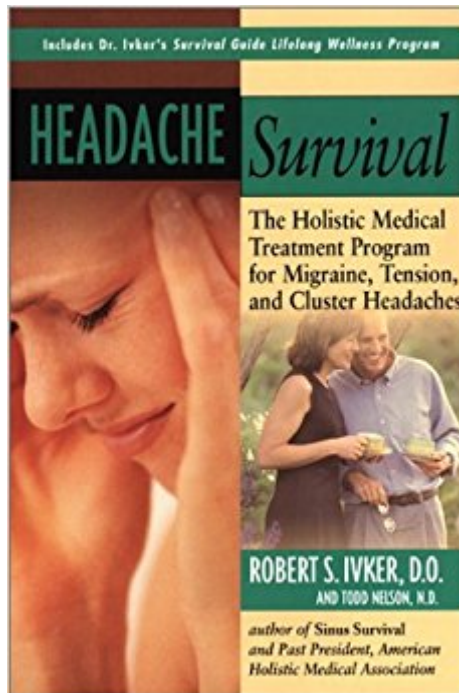




The book was found

Headache Survival PA



Synopsis

Too often, we dismiss the headache as a "minor" ailment, one for which the phrase "take two aspirin and call me in the morning" was created. But for millions, migraine, tension, and cluster headaches are debilitating conditions. In the latest of his "survival guides" modeled after Sinus Survival, Robert S. Ivker, D.O., provides relief from this misunderstood affliction. This book contains all the elements of the previous "survival guides" and these special features: * the Headache Quick-Fix * the causes of migraine, tension, and cluster headaches * a Migraine Disability Assessment (or "Midas") questionnaire * resources for sufferers.

Book Information

Paperback: 224 pages

Publisher: Tarcher (March 18, 2002)

Language: English

ISBN-10: 1585421413

ISBN-13: 978-1585421411

Product Dimensions: 5.5 x 0.8 x 8.3 inches

Shipping Weight: 4 ounces

Average Customer Review: 4.0 out of 5 starsÂ Â See all reviewsÂ (1 customer review)

Best Sellers Rank: #2,782,092 in Books (See Top 100 in Books) #22 inÂ Books > Medical Books > Medicine > Internal Medicine > Neurology > Headache #65 inÂ Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Headaches #1646 inÂ Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Nervous System

Customer Reviews

I have the orig. paperback ed. and really get good pointers from it so much I got the updated hardcover. I do recommend this volume to headache and chronic pain individuals.

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